

## Landsmót UMFÍ 50+ 2017 í Hveragerði

### Þríbraut

Flokkur	Sæti Keppandi	Sund	Skiptitími	Hlaup	Skiptitími	Hjól
50 - 59 ára karlar	1 Valdimar Hafsteinsson	11:57	14:49,88	1:09,37.89	1:10,10.43	1:37,50.40
60 - 69 ára karlar	1 Sveinbjörn Sveinbjörnsson	13:29	17:20,83	1:15,40.73	1:17,44.24	1:55,16.50
50 - 59 ára konur	1-2 Margrét María Sigurðardóttir	11:23	14:24,08	1:50,19.35	1:51,52.04	2:50,10.34
50 - 59 ára konur	1-2 Arnfríður Aðalsteinsdóttir	11:47	15:07,29	1:50,19.35	1:51,52.04	2:50,10.34
60 - 69 ára konur	1 Guðbjörg Rós Haraldsdóttir	12:37	15:51,82	1:36,20.44	1:37,29.91	2:17,52.85